



Navigators Discipleship Tool

5x5x5

New Testament Bible Reading Plan

Read through the New Testament in **5 days a week, 5 minutes a day.**

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament; one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ④ Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



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THIS TOOL IS MEANT TO BE SHARED.
Download the detailed 5x5x5 plan at navlink.org/newtestament

DATE	CHAPTER	✓
Week 37		
1 Timothy	1 ☐	
	2 ☐	
	3 ☐	
	4 ☐	
	5 ☐	
Week 38		
2 Timothy	6 ☐	
	1 ☐	
	2 ☐	
	3 ☐	
	4 ☐	
Week 39		
Titus	1 ☐	
	2 ☐	
	3 ☐	
Week 40		
1 John	1 ☐	
	2 ☐	
	3 ☐	
	4 ☐	
	5 ☐	
Week 41		
2 John	1 ☐	
Week 42		
3 John	1 ☐	
	2 ☐	
	3 ☐	
	4 ☐	
	5 ☐	
Week 43		
1 Thessalonians	1 ☐	
	2 ☐	
	3 ☐	
	4 ☐	
	5 ☐	
Week 44		
2 Thessalonians	6 ☐	
	7 ☐	
	8 ☐	
	9 ☐	
	10 ☐	
Week 45		
1 Peter	11 ☐	
	12 ☐	
	13 ☐	
	14 ☐	
	15 ☐	
Week 46		
2 Peter	16 ☐	
	17 ☐	
	18 ☐	
	19 ☐	
	20 ☐	
Week 47		
1 John	21 ☐	
Week 48		
Jude	1 ☐	
Week 49		
Revelation	2 ☐	
	3 ☐	
	4 ☐	
	5 ☐	
	6 ☐	
	7 ☐	
Week 50		
	8 ☐	
	9 ☐	
	10 ☐	
	11 ☐	
	12 ☐	
Week 51		
	13 ☐	
	14 ☐	
	15 ☐	
	16 ☐	
	17 ☐	
Week 52		
	18 ☐	
	19 ☐	
	20 ☐	
	21 ☐	
	22 ☐	

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The Navigators

DATE	CHAPTER	✓
Week 1		
Mark	1	☐
	2	☐
	3	☐
	4	☐
	5	☐
Week 2		
	6	☐
	7	☐
	8	☐
	9	☐
	10	☐
Week 3		
	11	☐
	12	☐
	13	☐
	14	☐
	15	☐
Week 4		
Acts	16	☐
	1	☐
	2	☐
	3	☐
	4	☐
Week 5		
	5	☐
	6	☐
	7	☐
	8	☐
	9	☐
Week 6		
	10	☐
	11	☐
	12	☐
	13	☐
	14	☐

DATE	CHAPTER	✓
Week 7		
	15	☐
	16	☐
	17	☐
	18	☐
	19	☐
Week 8		
	20	☐
	21	☐
	22	☐
	23	☐
	24	☐
Week 9		
	25	☐
	26	☐
	27	☐
	28	☐
Hebrews		1 ☐
Week 10		
	2	☐
	3	☐
	4	☐
	5	☐
	6	☐
Week 11		
	7	☐
	8	☐
	9	☐
	10	☐
	11	☐
Week 12		
	12	☐
	13	☐
Galatians		1 ☐
		2 ☐
		3 ☐

DATE	CHAPTER	✓
Week 13		
	4	☐
	5	☐
	6	☐
James		1 ☐
		2 ☐
Week 14		
	3	☐
	4	☐
	5	☐
Matthew		1 ☐
		2 ☐
Week 15		
	3	☐
	4	☐
	5	☐
	6	☐
	7	☐
Week 16		
	8	☐
	9	☐
	10	☐
	11	☐
	12	☐
Week 17		
	13	☐
	14	☐
	15	☐
	16	☐
	17	☐
Week 18		
	18	☐
	19	☐
	20	☐
	21	☐
	22	☐

DATE	CHAPTER	✓
Week 19		
	23	☐
	24	☐
	25	☐
	26	☐
	27	☐
Week 20		
	28	☐
Romans		
	1	☐
	2	☐
	3	☐
	4	☐
Week 21		
	5	☐
	6	☐
	7	☐
	8	☐
	9	☐
Week 22		
	10	☐
	11	☐
	12	☐
	13	☐
	14	☐
Week 23		
	15	☐
	16	☐
Ephesians		
	1	☐
	2	☐
	3	☐
Week 24		
	4	☐
	5	☐
	6	☐
Philippians		
	1	☐
	2	☐

DATE	CHAPTER	✓
Week 25		
	3	☐
	4	☐
Colossians		
	1	☐
	2	☐
	3	☐
Week 26		
	4	☐
Philemon		
	1	☐
Luke		
	1	☐
	2	☐
	3	☐
Week 27		
	4	☐
	5	☐
	6	☐
	7	☐
	8	☐
Week 28		
	9	☐
	10	☐
	11	☐
	12	☐
	13	☐
Week 29		
	14	☐
	15	☐
	16	☐
	17	☐
	18	☐
Week 30		
	19	☐
	20	☐
	21	☐
	22	☐
	23	☐

DATE	CHAPTER	✓
Week 31		
	24	☐
1 Corinthians		
	1	☐
	2	☐
	3	☐
	4	☐
Week 32		
	5	☐
	6	☐
	7	☐
	8	☐
	9	☐
Week 33		
	10	☐
	11	☐
	12	☐
	13	☐
	14	☐
Week 34		
	15	☐
	16	☐
2 Corinthians		
	1	☐
	2	☐
	3	☐
Week 35		
	4	☐
	5	☐
	6	☐
	7	☐
	8	☐
Week 36		
	9	☐
	10	☐
	11	☐
	12	☐
	13	☐

New Testament Reading Plan

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